

Twenty-Eighth Sunday In Ordinary Time

October 9, 2022

St. Michael's, Spalding—St. Theresa's, Ericson—Sacred Heart, Greeley

SUNDAY SCRIPTURES

October 16: Exodus 17:8-13

Psalms 121:1-2, 3-4, 5-6, 7-8

2 Timothy 3:14-4:2

Luke 18:1-8

FROM THE PASTOR'S DESK

October 9, 2022 - Twenty-eighth Sunday in Ordinary Time

2 Kgs 5:14-17; Ps 98: 1-4; 2 Tm 2:8-13; Lk 17:11-19

Gratitude is the key to being a disciple of Jesus Christ. Today's readings demonstrate the power and vital importance of gratitude in the life of a Christian disciple, for gratitude leads us to worship God who offers us salvation.

We see the power of gratitude on display in the Gospel passage from Luke after Jesus heals ten lepers. "And one of them, realizing he had been healed, returned." Only one of the ten recognized the tremendous blessing he had received from Jesus and returned to thank him. While it's easy to feel indignant at the failure of the nine others to return and thank Jesus, how often do we fail to recognize the blessings, answered prayers, and healings (both physical and spiritual), that the Lord showers upon us, day and night?

The truth is that our very lives and every breath we take are His gift to us. But we can get so caught up in the stresses and distractions of daily life that we lose touch with this truth. The Samaritan reacts to his gift of healing with the proper response to our loving God. Recognizing what he had just received from the Lord, he "returned, glorifying God in a loud voice; and he fell at the feet of Jesus and thanked Him." He was grateful for what God had done for him and this gratitude led to worship. And because of this response, Jesus offered him a far more precious gift than physical healing; He offered him the gift of salvation. "Stand up and go; your faith has saved you."

Too often we hear the phrase, "Count your blessings," and write it off as nothing more than a trite saying. Today's Gospel shows us otherwise. Gratitude is powerful. It deepens our faith in God and leads us to fitting worship of Him. May God bless you in all your efforts to make this, a way of life, a reality for all of us! *Fr. Antony*

MASS INTENTIONS

SAT	10/08	7:00 p.m.	ST. MICHAEL'S	Elijah Heinz
SUN	10/09	7:00 a.m.	ST. MICHAEL'S	† Jim Reilly
		9:00 a.m.	SACRED HEART	† Theresa Roggenkamp
		11:00 a.m.	ST. THERESA'S	PEOPLE OF PARISH
TUE	10/11	9:00 a.m.	SACRED HEART	† Roy "Mike" Marshall
WED	10/12	10:00 a.m.	ASSISTED LIVING	† Fr. Bob Rooney
THU	10/13	5:00 p.m.	ST. CATHARINE'S	† Arthur & Leona Divis
FRI	10/14	8:15 a.m.	ST. MICHAEL'S	† Mark Esch All School Mass
SAT	10/15	7:00 p.m.	ST. MICHAEL'S	† James & Sally Walsh
SUN	10/16	7:00 a.m.	ST. MICHAEL'S	† LaVon & Cactus Glesinger
		9:00 a.m.	SACRED HEART	PEOPLE OF PARISH
		11:00 a.m.	ST. THERESA'S	† Toni Patrick

COMMUNION SERVICES

SM at 8:00 a.m.

SH at 9:00 a.m.

Holy Father's Prayer Intention of the Month

For the Church open to everyone. We pray for the Church; ever faithful to, and courageous in preaching the Gospel, may the Church be a community of solidarity, fraternity and welcome, always living in an atmosphere of synodality.

SM: COFFEE/ROLLS

following Sunday morning Mass today, Oct 9th in the church basement. No coffee/rolls Oct. 16.



WE WELCOME INTO THE CATHOLIC CHRISTIAN FAITH,

Thaddeus James Hartley, son of Frank & Chelsea Hartley, baptized September 17th at St. Theresa's.



October is Our Lady of the Rosary.

The rosary is a truly Catholic devotion. It is a form of prayer and meditation in honor of Mary and celebrates the mysteries of Jesus' and Mary's lives.



Thank you for all the notes of appreciation and prayers in honor of Priesthood Sunday. I am very grateful.
Fr. Antony



Thank You to the youth for their participation in our Youth Masses. Stewardship in action!

Grand Island Deanery Fall DCCW meeting

is Friday, October 14, beginning with coffee and registration at 8:30 a.m. at Saints Peter & Paul Parish Life Center, 713 Elm Street, St Paul. Speaker is Becky Knox on *Catechesis of the Good Shepherd*. Cost of \$10 includes luncheon at 12 noon. No RSVP needed.

PARISH MEETINGS

School Board: Monday, Oct. 10, 8pm
SH Pastoral Council: Wed., Oct. 12, 8pm
SM Cemetery Board: Tuesday, **Oct. 25**, 7pm



Tootsie Roll Sunday

SH Knights of Columbus Council #1312 -October 16
SM-ST Knights of Columbus Council #13584 -October 15 & 16.

Tootsie roll donations are used 100% to benefit people with intellectual disabilities. If you are unable to attend Mass and would like to get some tootsie rolls please call Chuck Sweeney 308-223-0145, Jeremiah Seamann 308-223-0184, Bill Spelic 515-829-2054.



EUCCHARISTIC ADORATION	WEEKLY	MONTHLY
St. Michael's Dominican Center	Wed. 12:30 p.m. to Thurs. 4:45 p.m.	First Friday, 24 hr, 9:00 a.m.
Sacred Heart Chapel	-	First Tuesday, 24 hr, 9:00 a.m.
St. Theresa's	-	Last Sunday of month for Vocations, 10 a.m.

ST. MICHAEL'S	SACRED HEART	ST. THERESA'S																																										
<p>LECTOR Oct 15: Youth Ministry Oct 16: Jean Herrera</p> <p>EMHC Oct 15: Youth Ministry Oct 16: Sarah Seamann, Jared Bauer</p> <p>HOSPITALITY MINISTERS Oct 15: Youth Ministry Oct 16: Joe Seamann, Jeremiah Seamann, Maureen Seamann, Volunteer</p> <p>ALTAR SERVERS Oct 15: Grace, Ryann & Jacob Mahony, Larry Diessner Oct 16: Trevor & Maycee Carraher, Elizabeth & Elora Glaser</p> <p>MUSIC MINISTRY Oct 15: Youth, Linda Oct 16: Philip</p> <p>COLLECTION COUNTERS Oct 16: Tammy Diessner</p> <p>SM CDA Rosary Thursdays, before Mass, 4:30 in the chapel.</p> 	<p>LECTOR Oct 16: Shawn O'Connor</p> <p>EMHC Oct 16: Arlene Wrzenski, Matt Pfeifer, Janet Wood</p> <p>HOSPITALITY MINISTERS Oct 16: Tom & Jackie Nekoliczak</p> <p>ALTAR SERVERS Oct 16: Mia Butcher, Joe Kerrigan, Turner Freeman</p> <p>MUSIC MINISTRY Oct. 16: Mike & Vicki Goodrich</p> <p>ROSARY Oct 16: Jeanette Walsh</p> <p>SACRISTAN Oct 16: Jeanette Walsh</p> <p>COLLECTION COUNTERS Oct 16: Pat and Shelly</p> <p>ASSISTED LIVING Oct 16: Charlotte Murphy</p>	<p>LECTOR Oct 16: Pauline Marker</p> <p>EMHC Oct 16: Paul Nordhues, Julie Landgren, Helen Plugge</p> <p>HOSPITALITY MINISTERS Oct 16: Travis & Jessica Reich</p> <p>ALTAR SERVERS</p> <p>CHURCH CLEANING October: Sherry Smith, Sandy Miller, Ranotta Nordhues</p> <p>PRAYER CHAIN Call: Helen Plugge, Sue Patrick</p> <p>ROSARY For Vocations—Sundays 10:00 a.m. prior to Mass.</p> <p>Thursday morning Communion Service 9:00 a.m. followed by Rosary and Adoration.</p> 																																										
<p>THE LORD'S PORTION</p> <table border="0"> <tr> <td>October 2</td> <td>Envelopes</td> <td>\$ 2,310</td> </tr> <tr> <td></td> <td>ACH/online</td> <td>\$2,385</td> </tr> <tr> <td></td> <td>Plate</td> <td>\$ 293</td> </tr> <tr> <td></td> <td>Children's</td> <td>\$ 5</td> </tr> <tr> <td>Total</td> <td>July 1st to date</td> <td>\$46,876</td> </tr> </table>	October 2	Envelopes	\$ 2,310		ACH/online	\$2,385		Plate	\$ 293		Children's	\$ 5	Total	July 1st to date	\$46,876	<p>THE LORD'S PORTION</p> <table border="0"> <tr> <td>October 2</td> <td>Envelopes</td> <td>\$ 2,746</td> </tr> <tr> <td></td> <td>ACH/online</td> <td>\$ 40</td> </tr> <tr> <td></td> <td>Plate</td> <td>\$ 112</td> </tr> <tr> <td></td> <td>Children</td> <td>\$ 29</td> </tr> <tr> <td>Total</td> <td>July 1st to date</td> <td>\$ 31,967</td> </tr> </table>	October 2	Envelopes	\$ 2,746		ACH/online	\$ 40		Plate	\$ 112		Children	\$ 29	Total	July 1st to date	\$ 31,967	<p>THE LORD'S PORTION</p> <table border="0"> <tr> <td>October 2</td> <td>Envelopes</td> <td>\$ 408</td> </tr> <tr> <td></td> <td>Plate</td> <td>\$ 46</td> </tr> <tr> <td></td> <td>Children's</td> <td>\$ 17</td> </tr> <tr> <td>Total</td> <td>July 1st to date</td> <td>\$ 12,057</td> </tr> </table>	October 2	Envelopes	\$ 408		Plate	\$ 46		Children's	\$ 17	Total	July 1st to date	\$ 12,057
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Has none but this foreigner returned to give thanks to God? Luke 17:18

St. Michael's 41st Annual Fall Auction, Sunday, Nov. 6th. ~Mass 10:30am with a delicious St. Anne's roast beef dinner from 11-1 pm. If you have an item or donations for the auction please drop off at the Dominican Center or contact Sharon Roach 497-2151, Deb Pfeifer 497-2793, or Stacey Bauer 402-741-0577. **New this year:** Heads or Tails game for intermission break & Let's Make a Deal! Come join us for some fun! Need some more raffle tickets to sell to family/friends? Pick up more at the back of the church or church office.

WANTED: Candy for the SM Fall Auction! It is time to dig out your favorite recipe! We would love your homemade candy donations for our Fall Auction.



Be Filled with Christ's Spirit ~ Be Renewed
Don't Forget to Turn in Your Commitment Card –It is NOT too late.



BULLETIN DEADLINE: Tuesdays 1:00 pm.

	SA HAPPENINGS
Mon Oct 10	Columbus Day, 4:00 JH Riverside VB at Palmer; 4:00 JH Riverside FB@ Palmer, 5:00 JV Riverside VB at Palmer 5:30 JV Riverside FB at Palmer. 8:00 pm School Board Meeting
Tue Oct 11	Activity Day-No Classes; Scholastic Contest at Spalding Academy; 5:00 Riverside VB TRI at Neligh
Wed Oct 12	3:30-5:30 Lego League at SA Science Room
Thur. Oct 13	Goldenrod Conference VB; District Cross Country
Fri. Oct 14	8:15 All School Mass; 7:00 Riverside FB at Ravenna; End of 1st Quarter
Sat. Oct 15	Goldenrod Conference VB


St. Anne's Fall Auction Nov. 6 Circle Duties:
Cook: Peace A, Serve: Peace B, Serve: Joy A, Clean Up: Joy B, Bake Sale: Faith A, Serve Pies: Faith B
NOTE: Each St. Anne member is asked to bring an item for the bake sale or \$10.00 donation.

2021-2022 DIOCESAN APPEAL UPDATE
SM: Parish Goal: \$ 18,596
Total Rec'd: \$ 12,438—Current # of Donors: 53
ST: Parish Goal: \$ 5,858
Total Rec'd: \$5,100—Current # of Donors: 15
SH: Parish Goal: \$12,489
Total Rec'd: \$15,485—Current # of Donors: 49

Thank you for all your hard work on the 2021-2022 appeal. It's official, we finished the best appeal in over five years. It is such a great testament to the good and faithful people of our diocese to come together and continue to move our church forward even during challenging times.

SM/St. Anne
October Church Cleaning: Circle of Peace
Side B: Stephanie Thome & Katrina Glaser Prefects
Rotation: Joy, Trust, Peace
Oct. Men's Club Team # 6: Ed Bauer, Troy Kleffner

Overall Totals as of 10-03-22:
Diocese Goal: \$1,200,000
Total Raised: \$1,143,795



PARISH NURSES' NOTES

Why Do We Eat Chicken Noodle Soup When We Are Sick?

<https://share.upmc.com/>

Every childhood memory of being under the weather is likely to include a steaming-hot bowl of chicken noodle soup. But is it really the best remedy for a cold? To understand the benefits of this nostalgic dish, let us first break down the various ingredients in chicken noodle soup.

What's in Chicken Noodle Soup?

Chicken broth — Hearty broth contains vitamins, minerals, and some fat. The steamy liquid can help to improve upper respiratory symptoms by providing hydration and stimulating nasal clearance.

Carrots, celery, onion — These vegetables contain vitamins A and C, and other antioxidants. These nutrients help build a strong immune system and fight off viruses. They may help the body recover faster from an illness.

Chicken — The star of the dish provides protein, which also supports the immune system. Noodles — High in carbohydrates, they help you to feel full and satisfied.

Herbs (optional) — Herbs like parsley, bay leaf, thyme, or dill can boost flavor and add more antioxidants to support your immune system.

What Are the Health Benefits of Chicken Noodle Soup?

The broth provides hydrating fluid and electrolytes like sodium, potassium, and magnesium. That's especially helpful when you have a fever and run the risk of becoming dehydrated. The steam from hot broth also can open up nasal passages to help you breathe easier. Chicken noodle soup is light and easy to digest, and quite nourishing. It provides just enough nutrients to keep up your energy when you don't feel much like eating. A one-cup serving of homemade chicken soup has: About 150 calories. 13 grams of protein. 5 grams of fat. 12 grams of carbs.

Besides protein, it also provides zinc, vitamin A, vitamin C, antioxidants, and other nutrients to support your immune system. That wide range of nutrients is important because they all work together to help your body recover. The beauty of chicken noodle soup is that you can add as many (or as few) ingredients as you like. As you start to feel better, you can make your soup heartier by adding a can of beans or extra chicken. It's an easy way to transition back to regular meals.

Joan, Jeanette, Kaye

Respect Life Eucharistic Procession, October 16

St. Mary's Cathedral

The Pro-Life Office of the Diocese of Grand Island is sponsoring an outdoor Eucharistic Procession from 3:00 to 4:00 PM on Sunday, October 16. This is a wonderful opportunity during Respect Life Month to give honor and praise to our Lord in the public setting. We especially pray for all pregnant mothers facing difficulties. Our theme: "Called to Serve Moms in Need" is especially fitting after Roe v. Wade was overturned.



Prayer for Pregnant Mothers

O Blessed Mother, you received the good news of the incarnation of Christ, your Son, with faith and trust. Grant your protection to all pregnant mothers facing difficulties.

Guide us as we strive to make our parish communities places of welcome and assistance for mothers in need. Help us become instruments of God's love and compassion.

Mary, Mother of the Church, graciously help us build a culture of life and a civilization of love, together with all people of good will, to the praise and glory of God, the Creator and lover of life. Amen.

*Cf. *Evangelium vitae* 105 © Libreria Editrice Vaticana, Vatican City. Adapted with permission. All rights reserved. Photo: @mukuni via Twenty20. Copyright © 2019, United States Conference of Catholic Bishops, Washington, D.C. All rights reserved.